

Time		Session	Audience	Location
8:00 – 8:30 a.m.		Registration	All	Frazier Lobby
8:30 – 8:45 a.m.		Introduction and Greetings <i>Crystal Newby, Assistant Director of Education & Training, NACAC</i> <i>Dr. Sean Ryan, V.P. Enrollment Management, Bellarmine University</i> <i>Allie Stitch, Trinity HS (KY), President-Elect KYACAC</i>	All	Frazier
8:50 – 9:20 a.m.		Jefferson County Superintendent Greeting Plenary: Step by Step Train the Trainer, <i>NACAC Staff</i>	All	Frazier
9:25 – 10:00 a.m.		Breakout: Elementary School Counselors, Step by Step Modules <i>Kellie Kirstein, NACAC</i>	K – 5	Frazier
9:25 – 10:00 a.m.		Breakout: Middle School Counselors, Step by Step Modules <i>Crystal Newby, NACAC</i>	6 – 8	Clayton Hall 230
9:25 – 10:00 a.m.		Breakout: High School Counselors, Step by Step Modules <i>Tania Rachkoskie, NACAC</i>	9 – 12	Clayton Hall 234
Breakout Session #1 10:10 – 11:10 a.m.	1A	What Elementary School Counselors Need to Know About the College Admission Process <i>Leigh Jackson, Assumption High School (KY)</i> Learn about the critical foundation K-5 plays in setting students up for success in the college admission process. Presenters will share resources, tips, timelines, and stories from current high school students they would share, <u>if they could</u> , with their K-5 self.	K – 5	Frazier
	1B	Pulling Back the Curtain: How Selective College Admission Really Works <i>Danny Easley, Kentucky Country Day</i> <i>James McGuire, Louisville Collegiate School (KY)</i>	9 – 12	Clayton Hall 230
	1C	Working with Undocumented Students <i>Ann Marano, Irma Lerma Rangel Young Women's Leadership School (TX)</i> This session will introduce you to the challenges these students face getting to and through college, best practices for working with them on that journey and the higher education opportunities available to them. We will also review the current legislative landscape and how you can be an advocate.	K – 12	CNMH 176
	1D	Build a Better Career Day <i>Alice Robertson, Chantilly HS (VA)</i> Looking to enhance your school community's annual Career Day or start/restart this event in your own building? This session aims to help participants share out ideas, consider potential pitfalls, and plan ahead for a career day that is successful at all stages (before/during/after) for you and your students.	K – 8	CNMH 081
	1E	What Middle School Counselors Need to Know About the College Admission Process <i>Michele Brown, The Ohio State University</i> Is middle school too early for college counseling? What can counselors do to help middle school students build aspirations, learn about college options and financing before setting foot in a high school? This session will focus on strategies to reach students and parents based on several models, including "Know How 2 Go" and "Blueprint: College."	6 – 8	Clayton Hall 234
	1F	Your Path to the Student-Athlete Experience for High School Counselors <i>Chris Boehm, Archmere Academy (DE)</i>	6 – 12	CNMH 075



	1G	<p>Combating Counselor Bias <i>Khala Granville, Indiana University Bloomington</i></p> <p>This session will help participants identify bias, its sources and how to address it as we work with students from increasingly diverse backgrounds.</p>	K – 12	CNMH 276
	1H	<p>Plan for College and How to Pay for it <i>Jenny Sawyer, University of Louisville</i></p> <p>This session will assist counselors of elementary and middle school students discover ways to provide an early introduction of what colleges are looking for and how a family can prepare for the costs of college. Participants will hear about strategies for creating a college-going culture.</p>	K – 8	CNMH 170
	1I	<p>Managing Large Case Loads <i>Tania Rachkoskie, NACAC</i></p> <p>This session will feature creative tips and strategies for managing large caseloads.</p>	K – 12	CNMH 270
	1J	<p>CLEP Testing for Your SMART Cookies <i>Tammy Roach, University of Louisville</i></p> <p>Come have a fresh baked cookie with the University of Louisville, Testing Services, as we explain the benefits of CLEP testing for your students. The College Board's College-Level Examination Program (CLEP) has been the most widely trusted credit-by-examination program for over 50 years, accepted by <u>2,900 colleges and universities</u>. Wouldn't you like to know which students could benefit from this testing program and how it could save your students time and money towards their college degree?</p>	9 – 12	CNMH 180
<p>Breakout Session #2 11:20 a.m. – 12:20 p.m.</p>	2A	<p>Building Parent and Student Engagement <i>Chris Boehm, Archmere Academy (DE)</i></p>	K – 8	CNMH 075
	2B	<p>Counseling the Low-Achieving Student <i>Khala Granville, Indiana University Bloomington</i></p> <p>We will explore several different strategies in working with 9 through 12 grade students to help inspire and track student success toward graduation and post-secondary options.</p>	9 – 12	CNMH 276
	2C	<p>Working with At-Risk Males <i>Tre'Sean Durham, University of Louisville</i></p>	K – 12	Frazier
	2D	<p>Executive Functions: The Building Blocks for Success <i>Alice Robertson, Chantilly High School (VA)</i></p> <p>It's been said that <i>'the more things change, the more they stay the same'</i> and this statement is definitely true when it comes to the executive function (EF) needs of our students! Attend this session to learn more about each of the EF skills, what current EF challenges exist for students in 2018, and how you can make a positive impact on students' development of EF skills.</p>	K – 8	CNMH 081
	2E	<p>Expose, Engage, Empower: College Planning Strategies for your Juniors and Seniors <i>Dr. Candice Johnson, KY Higher Education Assistance Authority</i> <i>Steven Held, KY Higher Education Assistance Authority</i></p> <p>Participants will be immersed with resources and strategies to further enhance their college planning outreach to students and families. Participants will learn about the must-do's and must-have's for effective and impactful college counseling. Presenters will present information on Kentucky Higher Education Assistance Authority FREE resources, as well as updates from the state!</p>	9 – 12	Clayton Hall 230
	2F	<p>Linking Career Interests with College Majors <i>Lettie Bailey-Johnson, Gifted by Design Leadership & Consulting, LLC (KY)</i></p>	6 – 8	CNMH 170
	2G	<p>Letters of Recommendation – Advice from an Admission Officer <i>Michele Brown, The Ohio State University</i></p>	9 – 12	Clayton Hall 234



		You spend hours working on letters of recommendation for admission, scholarships, and special programs. How are they used in the process? What are application reviewers looking for? This session will use real examples to discuss how you can make your letters the best they can be.		
	2H	Combatting Counselor Bias <i>Ann Marano, Irma Lerma Rangel Young Women's Leadership School (TX)</i> This session will help participants identify bias, its sources and how to address it as we work with students from increasingly diverse backgrounds.	K – 12	CNMH 176
	2I	Financial Aid Presentation- Increasing FAFSA Completion <i>Sandra J. Neel, University of Louisville</i> This session will cover the financial aid process and how to best engage students and families in completing the FAFSA application. The presenter will also share FAFSA completion initiatives.	6 – 12	CNMH 180
	2J	Generation Z: How Technology and Social Media Impact School Counseling <i>Amanda Lucas, Spalding University (KY)</i> Generation Z is the first generation with internet access throughout their educational careers. They are constantly connected and with an attention span of 8 seconds (1 second less than that of a goldfish) Gen Z wants instantaneous information. In this session, we will talk about technology and social media, and how it impacts education.	K – 12	CNMH 270
12:30 – 1:20 p.m.		LUNCH	ALL	University Dining Hall
Breakout Session #3 1:30 – 2:30 p.m.	3A	What Elementary School Counselors Need to Know About the College Admission Process <i>Christopher Gage, Hanover College (IN)</i> Learn about the critical foundation K-5 plays in setting students up for success in the college admission process. Presenters will share resources, tips, timelines, and stories from current high school students they would share, if they could, with their K-5 self.	K – 5	Clayton Hall 230
	3B	What Middle School Counselors Need to Know About the College Admission Process <i>Lettie Bailey-Johnson, Gifted by Design Leadership & Consulting, LLC (KY)</i> Is middle school too early for college counseling? What can counselors do to help middle school students build aspirations, learn about college options and financing before setting foot in a high school?	6 – 8	CNMH 170
	3C	The Middle School Child: <i>The Brain and De-escalation</i> <i>Kerri Hammons, North Oldham Middle School</i> <i>Taylor Grimm, North Oldham Middle School</i> Participants will understand the underlying physiology behind a student's emotional escalation. Additionally, participants will learn how to recognize and respond to, as well as how to best prevent, emotional escalation. This session will outline why students escalate and what to do to prevent and/or respond to an emotionally escalated student. We will take an in-depth look at what happens to a student's brain when s/he emotionally escalates and several best-practice interventions for de-escalation.	6 – 8	CNMH 075
	3D	Working with Undocumented Students <i>Ann Marano, Irma Lerma Rangel Young Women's Leadership School (TX)</i> This session will introduce you to the challenges these students face getting to and through college, best practices for working with them on that journey and the higher education opportunities available to them. We will also review the current legislative landscape and how you can be an advocate.	K – 12	Frazier



	3E	Working with First-Generation Generation Students <i>Khala Granville, Indiana University Bloomington</i> Session will explore proven resources and supports for first-generation students outside of college tours and fairs.	K – 12	CNMH 276
	3F	College Awareness in Elementary and Middle School? How NOT TO contribute to the college admission frenzy <i>Erika Smith, Lexington Catholic (KY)</i> Preparing for college starts early these days. Parents compete to get their toddlers into the right accelerated preschool, future scholarship athletes are identified before they can spell NCAA, and pint-sized college gears flies off the shelves at bookstores across the country. This session will explore how we can help elementary students (and parents) think about the future without sacrificing today.	K – 8	CNMH 176
	3G	Scholarships – Tips and Strategies for Finding and Being Competitive for Winning Them <i>LaShala Porter Goodwin, KentuckianaWorks College Access Center (KY)</i> This session is designed to showcase practical strategies to assist high school students in identifying and applying for various scholarship opportunities. Highlights include popular scholarship essay topics, where and how to locate scholarship opportunities (merit and non-merit based), and empowering while advocating for your students to apply for scholarships in their pursuit of affording post-secondary education.	9 – 12	CNMH 081
	3H	Helping Students Deal with Anxiety and Stress in the Admission Process <i>Kellie Kirstein, NACAC</i> This session will highlight some of the factors that lead to increased anxiety in the college admission process, strategies for managing anxiety and stress, and campus information and services for anxious students.	9 – 12	Clayton Hall 234
	3I	Career Development and Counseling: What's the Plan? <i>Alice Robertson, Chantilly High School (VA)</i> Much of the research on career development in elementary schools centers around annual 'career day' events. Learn about what you can do in your school to move beyond a one-time event and embed career development into your lessons/groups/events throughout the year.	K – 5	CNMH 180
	3J	Summer Melt – What it is and How to Prevent it <i>Jenny Sawyer, University of Louisville</i> This session will discuss the problem of summer melt and how it impacts the college going rate and ultimately higher levels of college attainment. An overview of the data surrounding those that are most impacted and some successful programs aimed at reducing the melt. Participants will leave session with some strategies to put in place with their own students and a better understanding of the warning signs.	9 – 12	CNMH 270
2:35 – 3:30 p.m.		Plenary: Developing Grit and Resiliency <i>Chris Boehm, Archmere Academy (DE)</i>	ALL	Frazier
3:35 p.m.		Closing Remarks	ALL	Frazier

To access NACAC's Step by Step K-12 college awareness and planning curriculum, visit www.nacacnet.org/steps

To access the session presentations, visit www.nacacnet.org/jeffcounty



NACAC would like to thank Bellarmine University for their support of our School Counselor Professional Development Conference.